

Absence Hotline - 03 4241 8088

Issue 06 - Friday 6th May, 2022

MAY

Mon 9th Western Metropolitan Intermediate Tennis
Wed 11th School Council Meeting
Thurs 12th Senior Sport
Frid 13th Clean up Oberon Day - Connect Activity
Mon 16th Macbeth Performance - Yr 10 Extension English, Yr 9 & 10 Drama and Yr 10 Literature
Yr 12 Group Photo/Captains photos - Recess
Yr 7 Enhancement - Bush Walk - Pt Addis to Bells Beach
Tues 17th IDAHOBIT Food Stalls
Wed 18th Senior Sport
Thurs 19th Senior Football
Mon 23rd Hip Hop Workshops - Music P5 & 6
VCE Music Performance - Barwon Club

Tues 24th Yr 10 Literature - Tech School Excursion
Tues 24th - Thurs 26th Yr 10 Special Presentation - "Everybody Project"
Frid 27th World's Greatest Shave - 7C
Yr 11 & 12 Outdoor Ed Rock Climb - Staughtonvale
Mon 30th Geelong Cross Country Run
Tues 31st Yr 10 Duke of Ed Excursion - Geelong Live Wire Park

JUNE

Wed 1st Yr 8 Mental Health Presentation - P1 & P3
Frid 3rd - Thurs 9th **YEAR 11 EXAMS**
Mon 6th Yr 10 Whole Day Excursion to Deakin & The Gordon
Tues 7th Yr 9 Presentation Period 2
Wed 8th School Council Meeting

PRINCIPAL'S REPORT

As this is the first Newsletter of Term 2, I would like to welcome all of the school community including any new students back to school. Over the school holidays we have had a bus shelter installed near our bus interchange on Eagle Bay Road, this will be finished in the next couple of weeks providing our students with much needed shelter from any inclement weather during the winter months.

Kane Constructions has begun undertaking some rectification works on the school oval which will mean that our oval will be out of action for a period of time while this work is completed.

Staffing Changes

There are a number of changes to our staffing for Term 2:

- Mr Jarron Cole who was undertaking tutoring at the school will be teaching Science/Mathematics
- Ms Nikki Donovan has been appointed to teach Outdoor Education, Humanities and Art.
- Mr Matt Bulluss has been appointed to teach VCAL, Humanities and Physical Education.
- Ms Isabella Voulgaris has been employed as part of the Mathematics tutoring program as well as teaching Science.
- Mr Tim Wardle has been appointed Year 8 Manager, he will join Mr Andrew Sydenham in this role.
- Mr Josh Baker will be acting Principal for the last six weeks of this term while I am on long service leave. Mr Greg Burgess will be acting Assistant Principal whilst Mr Baker is Acting Principal.

COVID Regulation Changes

As was detailed in my letter to the school community on Monday 25th April, there have been a number of changes made to the regulations that we must follow as a school including:

Face Masks

From 11:59pm Friday 22 April, face masks, while recommended, are not required in any school setting. This means students in Grades 3 to 6, staff and visitors in primary schools are no longer required to wear face masks. Any student or staff member who

wishes to wear a mask may do so, including those who are medically at-risk.

Screening Requirements

Students who have tested positive for COVID-19, and have completed their 7-day isolation period, now do not need to undertake rapid antigen test (RAT) screening for 12 weeks after their release from isolation. This was previously 8 weeks.

Household Contacts

Students who are household contacts of a COVID-19 case are not required to quarantine. They may return to school as long as they undertake rapid antigen tests (RAT) 5 times during their 7-day period. They are required to notify the school that they are a household contact.

Students aged 8 years and above who are household contacts are required to wear face masks when indoors at school unless they have a valid exemption.

If a student household contact returns a positive RAT result, they must isolate for 7 days.

Vaccination Requirements for Visitors to Schools

Parents, carers and other adult visitors (not performing work) are no longer required to show evidence of two doses of COVID-19 vaccine.

Rapid Antigen Test (RATs) Screening Program Reminder

RATs will continue to be supplied for the first 4 weeks of Term 2 to support the early detection of COVID-19 in our school.

The testing recommendations will remain the same this Term for students and staff with:

- mainstream schools – recommended to test at home twice a week

Ron Thompson Scholarship

I am pleased to announce that Year 10 student Cammy Brown has been awarded the Ron Thompson scholarship in 2022. Cammy will receive financial support for the next three years to support her with her studies. Cammy joins Year 11 student Ruby Smith and Year 12 student Jeremy Palmer as current recipients of this scholarship.

Cont'd....pg 2

PRINCIPAL'S REPORT Cont'd....

School Sport Victoria Award

Congratulations to Mr Chris Sly who was only one of two teachers across the state to be awarded the Outstanding Teacher Contribution Award at the School Sport Victoria Awards on Wednesday 27th April. This was a fitting acknowledgement of the contribution Chris has made to sport at Oberon.

Geelong Community Foundation

It was a pleasure to be in attendance at the Geelong Library on Thursday 28th May when our Year 12 VCAL students presented their recommendations for grants to be allocated by the Geelong Community Foundation last Thursday.

Well done to Mr Mirza Skelic, Mr Tom Ovens and Mrs Janet Springer who supported the students in preparing their presentations and with the moral support they provided the students by being in attendance.

Student/Parent/Teacher Conferences

It was great to see so many of the school community in attendance at our Student/Parent/Teacher conferences last week to discuss the academic progress of the students. If parents were unable to attend and are still seeking some feedback I encourage you to contact the teachers directly.

School Tours

We will continue this week with our School tours for prospective students and their parents on Wednesday and Friday at 9.30am. The parents who were part of the tours last week provided positive endorsement of the learning environment at the school. Well done keep up the great work.

Whole staff PD Day

Staff undertook a Professional Learning Day on Thursday 5th May. This student free day focused on our implementation of literacy and numeracy into our learning framework the 'Oberon Good Lesson'.

School Uniform

A reminder to parents that **all** students are expected to wear the correct school uniform at all times. With the weather starting to be a lot colder in the morning it is important that students have an appropriate Oberon High School top to wear to keep them warm.

There are a range of options available through our uniform supplier PSW in Geelong. If you haven't already done so can you ensure that all **uniform items are labelled** with your child's name, so that this can be returned if found at school.

Student Attitude to School Surveys

In the upcoming weeks the school will be conducting the annual 'Attitudes to School survey' with students from Years 7 to 12 students which is overseen by the Department of Education Training (DET). The survey is designed to assist schools in gaining an understanding of students' perceptions and experience of school.

Our school will use the survey results to plan programs and activities to improve your child's experience at school. All responses to the survey are anonymous.

This year the 'Attitudes to School survey' will be conducted at our school over the period Monday 10th May till Friday 11th June. We will be distributing a letter to our school community from the Department of Education, outlining this survey.

NAPLAN testing

As our students are undertaking the online testing, our students will be completing their testing between Tuesday 10th and the 20th May. A reminder that it is **only** students in Year 7 and 9 who participate in the NAPLAN testing.

As parents it is important to remember that NAPLAN assesses skills in literacy and numeracy that are developed over time. NAPLAN is not a pass or fail type test, but rather shows how students are progressing in numeracy and literacy skills against national standards for all Australia children.

An individual student NAPLAN report will be issued by the school later this year. Parents can use this information to monitor how their child is progressing and to identify any areas of concern.

Tim McMahon

YEAR 12 IMPORTANT DATES 2022

- **General Achievement Test (GAT)**
Wednesday 7th September 2022 - 10 am - 1.15 pm
- **Unit 3 & 4 Performance & Language Oral Exams**
Monday 3rd October - Saturday 30th October
- **Unit 3 & 4 Written Examinations**
Wednesday 26th October - Wednesday 16th Nov
- **Last day of Year 12 Classes**
Monday 17th October
- **Year 12 Final Assembly**
Tuesday 18th October
- **Year 12 Valedictory Dinner**
Monday 21st November 6 pm - 10.30 pm

2022 SCHOOL TERMS

- Term 1** 28th January—8th April
- Term 2** 26th April - 24th June
- Term 3** 11th July - 16th September
- Term 4** 3rd October - 20th December

Term 2 Holidays

2022 SCHOOL HOLIDAYS

- Monday 27th June - Friday 8th July
- Term 3 Holidays**
Monday 19th September - Friday 30th September
- Term 4 Holiday (Christmas Break)**
Wednesday 21st December - 27th January 2023

STUDENT FREE DAYS 2022

The following days have been approved by the Oberon High School - School Council as student free for 2022:

Friday 10th June - Report Writing Day
(Please note this date has changed)

Monday 8th August - Staff Professional Development Day

Please mark these dates in your diary.

ROSTRUM 'VOICE OF YOUTH' - REGIONAL FINAL 2022

On Sunday March 27th ten students competed in the Regional Final of the Rostrum Voice of Youth at school.

- **Year 7:** Riley Walsh, Billy Miller and Hugo Hayes
- **Year 8:** Noah Berry, Jess Watson and Imogen Cosgrove
- **Year 9:** Sarah Watson
- **Year 10:** Bridey Rookes and Eva Gee
- **Year 12:** Ebony Armstrong

Rostrum was originally established in Manchester, England, by a group of business men who saw that the oral communication skills of young business people were inadequate. They set about establishing an informal process of teaching the art of public speaking and the several other forms of public speaking.

The purpose of Rostrum is to teach the art of oral communication. The Rostrum members want to see these skills passed on to our secondary school students as a means of assisting them in establishing themselves in an increasingly competitive society. Hence the Rostrum Voice of Youth Competition was established in 1975.

Along with our ten talented and keen competitors, supportive parents and family were in attendance, as well as a large team of Rostrum Judges and Officials. Mr Stirling also came along for support, helping to make the day a wonderful opportunity for our students to experience a prestigious public speaking competition.

A special thank you to our dedicated English staff for encouraging, nurturing and supporting our students to take up public speaking opportunities, such as Rostrum.

Every single student on the day of the competition, represented our school exceptionally well and they deserve to feel very proud of the way they prepared and delivered their speeches. We all appreciate that

public speaking can be a very daunting prospect and we commend and acknowledge our students for their bravery and willingness to step outside of their comfort zone.

Our competitors delivered a prepared speech and impromptu or short notice speech, which in itself, is a massive achievement. To their credit, they all showed courage under fire as they handled both speeches extremely well.

We congratulate Sarah Watson of Year 9 for winning the Junior Regional final, which means she will now be competing in the State Final in Melbourne. Congratulations to Sarah who has the support and best wishes from our school community. Further to this, Rostrum is the first time Sarah has competed in a public speaking competition, which demonstrates that if you make the effort to get involved and take a chance, you can achieve great things.

In the Senior section, Ebony Armstrong of Year 12 won the Regional Final and we wholeheartedly congratulate her. Ebony has competed in Rostrum three times in the past and accolades to her for her commitment and drive to compete in this competition. Ebony is a shining example of how a willingness to put oneself out there and to keep trying, reaps many rewards. In addition, Ebony mentored and supported our younger and less experienced speakers. A willingness to share her experiences and expertise was greatly appreciated by everyone involved.

Congratulations and best wishes once again to Sarah and Ebony for gaining a place in the State Final of Rostrum! This is a prestigious achievement and we wish both girls the very best for the State Final in June.

Finally, I would like to thank and commend all of our students who participated in this year's Rostrum Public Speaking Competition and I encourage other students to consider taking part in 2023.

Julie Buso



LANGUAGES NEWS

Kai Bowie participates in an International Project about diversity run entirely in German

Recently I applied to be a part of a Goethe Institute program called 'Ich so, Du so' (I so, you so). This program invited four individuals from many different countries to complete a diversity themed workshop.

I was very fortunate in that I was accepted into this program as an Australian representative, and so for a total of one month, I have and will spend three hours every Saturday speaking German and completing the program.

So far, we have learnt different acting techniques, about each other and our different cultures. I have learnt from students from Indonesia, Germany, Malaysia and Singapore.

Having the ability to compare and contrast these differing ways of life has been an enlightening and exciting experience.

I want to thank Frau Ray for putting me forward for this opportunity and supporting me throughout it.



LANGUAGES CORNER

Welcome / Selamat Datang / Willkommen / to colours this week!

	INDONESIAN	GERMAN
Red	Merah	Rot
yellow	Kuning	Gelb
Green	hijau	grün
Blue	Biru	blau
Black	Hitam	Schwartz
White	Putih	weiß
Pink	Merah muda	rosa
Purple	Ungu	Lila
Orange	jingga	orange
Grey	Abu-abu	grau
Brown	Cokelat	braun

AN IMPORTANT NOTICE TO ALL PARENTS - COVID INFORMATION

Could Parents/Guardians please note that the following is the information that we require when your child is a positive Covid case:

- Full name and year level
- Positive
- Date of positive test of student
- Email photo of test results
- Was it either a PCR or RAT test?
- If student is positive did they catch a bus and if so what number bus was travelled on?
- If positive did they have symptoms?
- When was student last at school?

If your child is a close contact only :

- They can still attend school but must have a RAT test daily for 7 days and test negative
- They must wear a mask at school
- If student is a close contact and will be attending school, please inform the school.

Thank you for your assistance.

MUSIC NEWS

8E Music Performance

The Class 8E performed a rap cover of 'Still' by 'Dre'. The enthusiasm and leadership this class showed in preparing their performance was great to see. This class performed this song to 7G at the end of Term 1. There were many different instruments played and great rapping by Mehdi, Campbell and Aiden.

Congratulations 8E!



7G Music Performance

A highlight at the end of Term was 7G's musical performances to 8E. This was a great way to end Mr. Filipovski's 7G Drama class at the end of Term.

7G had a lot of fun and it was great to see them getting up there and performing.

Pictured left - Misheck Bigirimana, Audrey Flakemore, Montanna Rogers and Arlia Webb.

Well done!



YEAR 12 VCAL PRESENTATION TO GEELONG COMMUNITY FOUNDATION

On Thursday the 28th of April the Year 12 VCAL class gave a presentation to the Geelong Community Foundation (GCF) board members at the Geelong Regional Library.

During Term 1 the students had been involved in the Schools in Philanthropy Program (SIP) through the GCF. The SIP program provides the opportunity for students to be involved in allocation of the foundations funds to community groups through grant applications. During Term 1, the students investigated the applications from three community groups.

Thursday's presentation was their chance to provide the recommendations to the GCF board for who they thought should receive funding and the amounts. This was an extremely valuable process for the students to learn about different community organisations, as well as grant application processes. The group did an incredible job on their presentation and were commended by the board for their thorough research and commitment to the project.

Well done to all the students and their teacher Mirza Skelic for a job well done!



CYBER SAFETY PRESENTATION

On Wednesday 27 April we ran two incursions with our Year 7 and 8 cohorts to educate the students about being a safe digital citizen.

Prior to the presentation our cohorts completed a digital habits survey and the Cyber Safety Project shared these statistics with the students.

Our Year 7 session aimed to empower the students to evaluate who can see the information they share and ways to recognise cyber bullying and take action against it. The students also discussed their responsibilities as online citizens while linking them back to the Australian laws relating to cyber-bullying, consent, and image-based abuse.

Our Year 8 session looked at how technology impacts their digital wellbeing and looked at their ability to manage their daily digital use. The session highlighted the strategies that Apps and Gaming platforms embed to keep their attention.

Students were provided with strategies to make small changes to their profile settings to take back control. Students were also reminded of their responsibilities as online citizens and the Australian laws relating to cyber-bullying, consent and image-based abuse.

The Cyber Safety Project encouraged the students to be proactive in reporting cyberbullying. The following websites can support this process and help you find out more information:

<https://yla.org.au/>
<https://www.esafety.gov.au/>
<https://kidshepline.com.au/>

For more information about the Cyber Safety Project, visit their website or follow them on Facebook or Instagram:

<https://www.cybersafetyproject.com.au/>



CAREERS NEWS

Applications NOW OPEN for

2022

Geelong Future Leaders of Industry (GFLOI) Geelong Future Leaders of Industry: VET Stream (GFLOI-VET)**New Girls Leading Advanced Manufacturing (GLAM)

Geelong Manufacturing Council (GMC), in partnership with the Victorian Government funded Skilling the Bay, is pleased to once again offer the Geelong Future Leaders of Industry (GFLOI) and Girls Leading Advanced Manufacturing (GLAM) programs. In addition, this year we are also pleased to introduce a new program: Geelong Future Leaders of Industry: VET Stream (GFLOI-VET).

GFLOI, GFLOI-VET & GLAM are immersion programs for Years 10 students to experience and learn about the diversity of exciting careers and pathways, via STEM, in innovative manufacturing, engineering, advanced technologies or design principles including STEM trades. The programs are supported by more than 15 of our leading local manufacturing companies, research facilities and support industries.

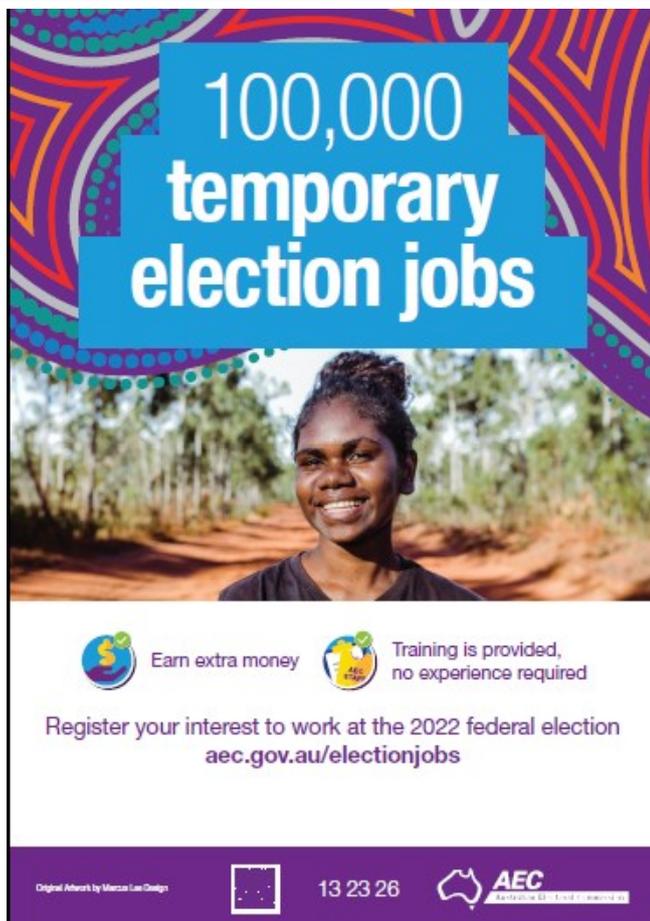
The programs will run from May to November with (usually) a full day of tours and/or workshops each month.

Program participants will be involved in 6 x day long activities which will enable them to:

- Hear from leaders and experts who have pursued a career in advanced manufacturing
- Visit a broad selection of industry sites
- Participate in hands-on activity challenges
- Shadow mentors in industry
- Explore university and TAFE career pathway options
- Participate in leadership activities
- Develop presentation and communication skills in workshops with experienced facilitators

Students will be offered the opportunity to undertake a 'buddy' work experience block (up to 3 days) in a related environment during the Term 3 school holiday period. Whilst this is not a mandatory requirement, we do highly recommend taking up a placement opportunity to explore the industry further. It is a legal requirement that students undertaking work experience **must be 15 years old**.

If you are interested, drop into the Careers Room to collect an application form. Applications close Friday 13th May.



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Are you sparky, energetic, enthusiastic and fun?
Are you looking for your first ever job?
We are looking for our next team of summer-scoopers!

No experience necessary. We would like to train you from scratch so that you can meet our very high standards of customer service.

You simply need a willingness to learn, an ability to relate to all sorts of people, a genuine love of gelato and a desire to work hard while having fun. 

Please apply with a single page resume that includes interesting stuff about you! School, hobbies, unique experiences... as long as it fits on one page we want to hear all about it.

Don't forget the important stuff- your availability, your contact details and someone who can act as a referee and tell us how awesome you are!

Apply by sending our manager an email at:
<agtorquaymanager@gmail.com>

We will not be accepting paper resumes this round due to covid safety measures. You must email if you wish to apply.

METABOLIC MADNESS

On Tuesday 3rd May the Year 12 VCE Physical Education students travelled to BioLab in Belmont. The class applied their understanding of energy systems and acute responses to exercise through utilising technology available to athletes and sport scientist's in the form of a VO₂ max testing. Students had the opportunity to measure their acute responses to exercise including blood pressure, vital capacity and muscle temperature.

One student had the unique opportunity to participate in a VO₂ max test on a bike. The test began at a light intensity and slightly increased in resistance until he reached his maximum exertion. He did a phenomenal job and exceeded expectations with an excellent relative VO₂ of 51ml/kg/min. This test is an indication of their aerobic power for their respective age groups.



T.T.T. TORQUAY THEATRE TROUPE INC June 2022

Thirty Three

By Michael Booth and Alistair Powning
Directed by Skye Staude.

trybooking

Suitable for adults.

June 2, 3, 4, 8, 9, 10, 11 at 8pm and June 5 at 4pm at the Shoestring Playhouse at The MAC (77 Beach Road, Torquay) Bookings at trybooking.com \$25 adults / \$23 Concession

70 Years CELEBRATING TORQUAY THEATRE TROUPE INC

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[torquaytheatretroupe](https://www.facebook.com/torquaytheatretroupe)

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Free Parent Webinar: Gaming & Young People

Did you know? Adolescents have an average spend of \$50 a month on in-game purchases. (RockLuff et al. 2020)

Bethany Community Support invites all Great South Coast and Barwon parents to attend this **FREE** online information session.

This session will cover:

- Understanding gaming
- The connection between gaming and gambling
- In game purchasing
- Setting boundaries with your child
- Top tips for parents
- Access to free resources

Date: Wednesday 8th June 2022

Time: 12:30pm – 1:15pm

Link to register or QR code:

<https://bit.ly/3vrz7Lu>



Great South Coast:

Lily Bourke

[e. l.bourke@bethany.org.au](mailto:l.bourke@bethany.org.au)

m. 0418 667 612

Barwon:

Hannah Martin

[e. h.martin@bethany.org.au](mailto:h.martin@bethany.org.au)

m. 0456 111 534

Bethany
community support

LIBERTY DISABILITY SERVICES - PROGRAM INFORMATION FOR PARENTS/CARERS/GUARDIANS

Liberty Disability services currently have services on offer for NDIS participants and private clients.

We are a therapy team located across the **Barwon, Western & Eastern** regions of Victoria. We currently have 6 Provisional Psychologists as well as a Counsellor and Group Therapist on board with **NO waitlist**. Staff bios available via Liberty Disability Services Instagram & Facebook pages. We are able to see participants of **all ages** and provide support through our head office in Norlane, or alternatively via Telehealth or outreach services.

We are also offering **two group therapy programs** from our Norlane office that will be commencing on the week beginning **Monday the Monday 23rd May**.

Our first program is called **Creative Flow - an art therapy based program** that runs for 10 weeks. We have groups for children (6-10), tweens (11-14), teens (15-18), adults (18-35) and older adults (35+). Funding is taken from Capacity Building pool. We will also be offering a group called the **Wellness Revolution, a self-help therapy group** that runs for 10 weeks and focuses on helping people improve their overall wellbeing. The group is for adults and is also funded via the Capacity Building pool.

If you are interested in any of the above you are welcome to contact us via email on therapy@libertydisabilityservices.com.au or contact me via mobile on 0429 916 807.

Alternatively, if you would like to refer to our psychology services referrals can be made via our online form -<https://www.libertydisabilityservices.com.au/therapy-referrals>

Referrals will be responded to within 24 hours.

VIC PARENT/CARER ONLINE WORKSHOP



Join us for an online workshop where you will have the opportunity to listen, share and learn with parents and carers who support young people on the autism spectrum, from across Victoria.

This online workshop is 4 short sessions spread over 4 days. We encourage you to attend all 4 valuable sessions. It is for parents, full-time carers and grandparents.

 **Location:**
via zoom online

Dates & Times (AEST):

During the online workshops, we will cover four topics:

- diversity of autism
- understanding sensory processing
- understanding behaviour
- working together with your child's school.

Diversity of Autism Monday 9 May 2022 7:00 PM - 8:30 PM	Sensory Processing Monday 16 May, 2022 7:00 PM - 8:30 PM
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Understanding Behaviour Monday 23 May, 2022 7:00 PM - 8:30 PM	Working Together Monday 30 May, 2022 7:00 PM - 8:30 PM
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For more information and to register, visit www.positivepartnerships.com.au or contact Jessica Feary jfeary@positivepartnerships.com.au

CITY OF GREATER GEELONG PARENT EDUCATION EVENTS

All Regional Parenting Service programs are free and will be offered face to face or Online via Zoom Bookings are Essential.
www.geelongaustralia.com.au/parenting or Ph: 5272 4781

TUNING IN TO TEENS

Dates: Wednesday 11 May – Wednesday 15 June
Time: 7.00pm - 9.00pm (Online via Zoom)

Tuning into Teens is a 6-week supportive program for parents of teens aged 12 to 18 years.

The program aims to:

- Support parents to connect and communicate with their teens;
- Assist parents with understanding adolescent development;
- Help parents to assist their teen to develop emotional intelligence; r
- Remain empathetic and stay connected.

BRINGING UP GREAT KIDS – PARENTING ADOLESCENTS

Dates: Thursday 12 May – Thursday 16 June
Time: 10.00am – 12 noon
BCYF, 222 Malop Street, Geelong

Bringing Up Great Kids - Parenting Adolescents is a 6-week supportive program for parents of children aged 10 years to 18 years. The program aims to:

- Support parents to build a positive relationship with their adolescent;
- Assist parents understanding of what is going on in the adolescent brain;
- Explore the changing role from "custodian" to consultant".

Have you heard about Liberty's Group Programs?



The Creative Flow Program

Creative Flow is a 10-week program specifically designed to give participants an opportunity to get back in the flow by using creative expression to develop new ideas, improve self-esteem, self-confidence and emotional resilience.

What should I expect from this program?

The Creative Flow program will run weekly for 10 weeks and is open to anyone who is able to create artwork. It is designed to help participants explore their creative potential and provide a safe space for participants who are ready to explore their feelings.

The program is designed to support participants with the strengths and their resources to create their own art and explore their creative potential. Participants will be encouraged to explore and balance their own creative health and wellbeing through art.

To contact us
0429 916 807
therapy@libertydisabilityservices.com.au



The Wellness Revolution

Specifically designed in response to the growing demand for mental health services, this program is a 10-week group that can assist you to get your mental health back on track but can also improve your overall health and wellbeing.

What should I expect from this program?

10 weekly sessions that are designed to assist people struggling with a variety of mental health concerns. The primary focus is helping you identify the signs and symptoms you are experiencing. For strategies you need to address your goals. With each session you will have the opportunity to participate in cognitive, social, relaxation and self-help strategies that are focused on managing symptoms, healthy living, building healthy relationships and self-esteem.

Places are limited so contact Liberty Disability Services today and secure your place!

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Places are limited and filling up fast! Contact Liberty today to confirm your place!

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STUDENT MEDICAL REQUIREMENTS

Could all parents talk with their students about any medical needs that they may have. Please note the following:

Students should always carry **Ventolin Puffers, Epi-Pens, Diabetic Requirements** with them on outings – often classes go to sporting or other activities out of the classroom or school. Sporting bags are locked in the change rooms during class time and are not always accessible. If your student has **newly diagnosed** or **changed medical conditions** it is vital that the school is notified of this information.

Any students with **Anaphalaxis** are required to have **epi-pens (current date)** as follows:

- One to be kept with the updated student's Action Plan at **the School Office at all times, to be labelled with student's name.** (Staff members will take this one when student is **out of school on an excursion, on camp or at sport**)
- Their own personal named pen to be kept **with the student** at all times.
- Any changes to their Action Plan must be provided to the school. If your student **no longer** has an **allergy** we require this information **in writing** from your Doctor.

The school is **not** permitted to provide any medication to students. Please see the guidelines below re medication for students:

If your student requires **antihistamines** for **hayfever** or **cramp medication, pain medication** etc. they are able to carry just **one single dose** of their medication **with them**, or if your child's medication is required on an ongoing basis, parents can complete a Medication Authority Form (name, dosage, etc) and give the medication to Office staff who will lock it securely away in Sick Bay in a named file for your son or daughter to access during the school day as needed/required.

Alternatively if your child presents to the office with headaches, etc the office staff will phone parents to ask for some pain medication to be dropped off at school.

If students need to take regular daily medication during school hours, parents are asked to complete a Medication Authority Form form (which can be emailed to parents or sent home with your son or daughter upon request) and hand the completed form and medication to a Sick Bay staff member in the office, who will then lock it securely away in a named file for your son or daughter in Sick Bay.

Students then need to report to the office at the correct time as listed on the form and an office staff member will assist your son or daughter.

Students are forbidden to offer any medication to another student.

Please check that your students medications are **in date**, this is a vital requirement especially for **Epi-Pens and Ventolin.** **If you receive a letter from the school reminding you of this need to update, please respond as soon as possible to ensure the safety of your child.**

Please advise your son/daughter that **emergency supplies** of medications such as Ventolin and Epi-pens (in case of an asthma and anaphylaxis emergency) are available in sickbay if they see Office Staff. All Oberon staff are aware of where this medication is located in the case of an emergency.

During the warmer weather please remind your child to drink plenty of water during the day. Students are permitted to take water bottles into class.

These guidelines are in place to ensure the health and safety of all our students.

Thank you for your assistance.

STUDENT ABSENCES / LATE PASS EARLY LEAVE PASS

STUDENT ABSENCES

A reminder to all parents of the importance of phoning in absences early on the day of your child's absence.

For your convenience you can leave a message on our absence hotline number - 4241 8088. Please leave your child's name, year level and reason for absence.

LATE PASSES

If your child arrives late to school they **must** first report to the Office **with a note signed by a Parent or Guardian** or inform the Office staff, on arrival, that their parent has phoned to let the school know that they will be late. The Office staff member will check the absence records.

EARLY LEAVE PASSES

If your child needs to leave school for a appointment during the day they **must have a note signed by a Parent or Guardian.** The students' will then present the note to their teacher who will allow them to leave class. Students must then report to the Administration Office with their note before leaving the school.

If you require to take your child out of school for an **'unplanned'** appointment, please phone the school on 4241 8000 **as early as possible** to advise that your child needs to leave school early. That way the staff can ensure that your child is in the office at the time you need to take them.

Thank you for your assistance.

IMPORTANT NOTICE TO PARENTS SICK BAY

If your child is unwell please **DO NOT** send them to school. The best place for them is at home.

If you son or daughter becomes unwell at school they will be sent, by the teacher, to the Administration Office to be signed into Sick Bay. If the student is showing symptoms of COVID and/or is otherwise too unwell to remain at school the office will telephone a parent to collect their child.

Sick Bay is only used as a place for sick students to rest before being picked up by a parent or, in some cases, to rest for 15 minutes before returning to class.

It is not a place for extended stays.

It is vitally important that parents provide up-to-date contact numbers and emergency numbers in case of illness or emergency. Please check your details on the XUNO Portal in Family Information to ensure that we have the correct contact details.

Students MUST NOT telephone parents themselves if they feel unwell.

It is a requirement of the Department of Education and also it is a safety measure that all students, if unwell, injured, to firstly be seen by a first aid attendant.



Please remember that if your child is sick the best place for them to recover is at home.